

# BEDFORD HARRIERS A.C.

www.bedfordharriers.co.uk

patron: W.J. JORDAN, Esq.

## Club Address

Bedford International  
Athletic Stadium  
Barkers Lane  
Bedford  
MK42 9SA  
Tel 01234 351115

## Chair

Steve Crane

## Vice Chair

Zoe Willett

## Hon. Treasurer

Richard Watson



## Vice Presidents

Richard Canvin

Barry Whitmore

Rob Burrells

## Hon. Secretary

Zoe Willett

## Triathlon/Duathlon Club Championship Rules & Events for 2017

Age categories	Male & female	
Based on BTF rules	-30	E
	+30	F
	+35	G
	+40	H
	+45	I
	+50	J
	+55	K
	+60	L
	+65	M
	+70	N
	+75	P
<b>The Triathlon/Duathlon Club Championship for 2017 will be held at the events and dates as detailed below.</b>		
<b>Distances &amp; Events</b>		
<b>Sprint distance</b>	Any of the Bedford Super Sprint Series 400m pool swim/24k bike/5k run Sundays 14 <sup>th</sup> May 2017, 2 <sup>nd</sup> July 2017, 24 <sup>th</sup> September 2017 Event website <a href="http://www.galeforce-events.com/triathlon-events/bedford-sprint-triathlon-series/">http://www.galeforce-events.com/triathlon-events/bedford-sprint-triathlon-series/</a>	
<b>Standard distance</b>	Stewartby Lake Standard Distance Sunday 27 <sup>th</sup> August 2017 Event website <a href="http://www.activetrainingworld.co.uk/events/2017/08/27/stewartby_lake_triathlon">www.activetrainingworld.co.uk/events/2017/08/27/stewartby_lake_triathlon</a> Awards based on 1 <sup>st</sup> & 2 <sup>nd</sup> Male/Female, no age grading	
<b>Middle distance</b>	The Vitruvian 1900m swim, 85K cycle, 21K run Saturday 9 <sup>th</sup> September 2017 Event website <a href="http://www.pacesetterevents.com/vitruvian-triathlon.php">http://www.pacesetterevents.com/vitruvian-triathlon.php</a>	
<b>Duathlon</b>	Bedford Autodrome Duathlon (standard distance) Run 10K/Bike 39K/Run 5K Sunday 15 <sup>th</sup> October 2017 Event website <a href="http://nicetrievevents.com/events/bedford-autodrome-duathlons-race-2/">http://nicetrievevents.com/events/bedford-autodrome-duathlons-race-2/</a>	
	Must enter as a Bedford Harrier	

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Kit	Club kit does not have to be worn
Club championship winner calculation	<p>Club championship winners will be calculated on an age graded basis and will result in male and female winners for the sprint*, standard and middle distances and duathlon standard distance.</p> <p>*For the sprint, an individual's best time will be used to determine the awards.</p> <p>All eligible Triathlon and Duathlon participants will be awarded a trophy according to the number of entrants. There will always be a 1st awarded, 2nd if 5 competitors or more and 3rd if 6 competitors or more.</p>
Subjective awards	Subjective awards at the discretion of the sub-committee to be decide by 30 <sup>th</sup> November.
Members responsibility	<p>1) To check their results are included and correctly calculated.</p> <p>2) Must be a fully paid up member of Bedford Harriers before the event begins. Fully paid up means the Club's Treasurer must have received payment by cash or cheque, or if by bank payment, funds must be in the Bedford Harriers account, before the event begins. If cheque is returned by the paying bank or stopped by the cheque issuer the member is considered as not fully paid up.</p>

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