

# 2010 Club Best Times

## Nora Haggart

October	LV50	Gt Eastern Half Marathon	1:37:19
November	LV50	Fenland 10	1:14:57

## Pauline Bambury

March	LV55	Brantree 5	36:59
July	LV60	Doug Anderson 5k	22:05
August	LV60	Wellingborough 5	36:55
September	LV60	Bedford Harriers 10k	47:04
September	LV60	Swineshead 10	1:22:20
October	LV50	Brussels Half Marathon	1:47:47

## Linda Wilding

April	LV60	London Marathon	4:40:23
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## Gill Fullen

April	LV45	Sandy 10	1:07:13
July	LV45	Doug Anderson 5k	18:34
August	LV45	Wellingborough 5	31:06
September	LV45	West Pinchbeck 10k	37:48
October	LV45	Gt Eastern Half Marathon	1:23:26

## Kathy Horsman

April	LV50	London Marathon	3:38:50
May	LV50	Harborough 5	34:51
May	LV50	Silverstone 10k	43:07
June	LV50	Last Friday 5k	21:05
October	LV50	Rugby 10	1:13:00
November	LV50	St Neots Half Marathon	1:35:33

## Renee Corbett

July	LV35	Doug Anderson 5k	18:46
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## Veronica Singleton

October	LV50	Brussels Marathon	3:28:23
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## Martin Leach

April	MV65	Sandy 10	1:17:43
September	MV65	Bedford Harriers 10k	43:24

## Jim Hendry

July	MV75	Doug Anderson 5k	29:52
September	MV75	Bedford Harriers 10k	1:04:39

# 2010 Annual Shields

## Male

5k Championship	Alastair Fadden
5m Championship	Simon Fawcett
10k Championship	Simon Fawcett
10m Championship	Marcus Cookham
Half Marathon Championship	Marcus Cookham
Marathon Championship	Marcus Cookham
Cross Country Championship	Simon Fawcett
Triathlon Championship	Richard Piron
Most Improved Runner	David Hutchings

Club Man of the Year

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## Female

5k Championship	Gill Fullen
5m Championship	Gill Fullen
10k Championship	Renee Allen
10m Championship	Gill Fullen
Half Marathon Championship	Marianne Williamson
Marathon Championship	Marianne Williamson
Cross Country Championship	Carla Fisher
Triathlon Championship	Lynne Greenard
Most Improved Runner	Gill Fullen

Club Lady of the Year

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# Road Race Championship

## Male

1st	Simon Fawcett
2nd	David Holt
3rd	Jerry Pullinger

## Female

1st	Gill Fullen
2nd	Pauline Bambury
3rd	Kathy Horsman

# 2010 Championships Awards

**Renee Allen**  
1st 10k Championship  
2nd 5k Championship  
2nd 5m Championship  
2nd Cross Country Championship

**Carla Fisher**  
1st Cross Country Championship  
2nd 10k Championship  
2nd 10m Championship  
2nd Half Marathon Championship  
3rd 5k Championship  
3rd 5m Championship

**Sarah Lee**  
3rd 10k Championship  
3rd Marathon Championship

**Nora Haggart**  
FV50 5k Championship  
FV50 10k Championship  
FV50 Cross Country Championship

**Juliet Smith**  
3rd Half Marathon Championship  
FV40 5m Championship  
FV40 10k Championship  
FV40 Marathon Championship  
FV40 Cross Country Championship

**Eugene Carr**  
FV35 10k Championship

**Pauline Bambury**  
FV60 5k Championship  
FV60 10k Championship

**Lesley Barnes**  
FV45 10k Championship  
FV45 10m Championship

**Liz Byers**  
FV55 5k Championship  
FV55 10k Championship

**Gill Fullen**  
1st 5k Championship  
1st 5m Championship  
1st 10m Championship

**Julie Clarke**  
3rd 10m Championship

**Julie Wargent**  
FV35 10m Championship

**Deborah Palmer**  
FV40 10m Championship

**Anne Barnicoat**  
FV60 10m Championship  
FV60 Half Marathon Championship

**Angie Harris**  
FV50 5m Championship  
FV50 10m Championship

**Marianne Williamson**  
1st Half Marathon Championship  
1st Marathon Championship  
FV40 5k Championship

**Karen Robertson**  
FV45 5k Championship

**Carla Jenkins**  
FV35 5k Championship  
FV35 Half Marathon Championship

**Andrea Sewell**  
FV45 Half Marathon Championship

**Rose Parkes**  
FV40 Half Marathon Championship

**Lynne Greenard**  
1st Triathlon Championship  
FV60 5m Championship

**Viv Holt**  
FV45 5m Championship

**Caroline Diggle**  
FV35 5m Championship

**Sally Cartwright**  
3rd Cross Country Championship

**Helen Woolley**  
FV35 Cross Country Championship

**Caroline Devine**  
2010 FV45 Marathon Championship  
FV45 Cross Country Championship

**Linda Wilding**  
FV60 Marathon Championship  
FV60 Cross Country Championship

**Iva Barr**  
FV80 Marathon Championship  
FV80 Cross Country Championship

**Veronica Singleton**  
2nd Marathon Championship

**Kathy Horseman**  
FV50 Marathon Championship

**Julie Clarke**  
FV35 Marathon Championship

**Janet Taylor**  
FV55 Marathon Championship

**Simon Fawcett**  
1st 5m Championship  
1st 10k Championship  
1st Cross Country Championship

**Gary Finch**  
2nd 5k Championship  
2nd 10k Championship  
3rd Half Marathon Championship

**Adam Hills**  
3rd 5k Championship  
3rd 5m Championship  
3rd 10k Championship  
3rd Cross Country Championship

**Neil Loader**  
MV40 10k Championship  
MV40 Marathon Championship

**David Holt**  
MV50 5k Championship  
MV50 5m Championship  
MV50 10k Championship  
MV50 10m Championship  
MV50 Marathon Championship

**Rob Miller**  
MV45 5k Championship  
MV45 5m Championship  
MV45 10k Championship  
MV45 Cross Country Championship

**Bob Wells**  
MV60 10k Championship

**Richard Piron**  
1st Triathlon Championship  
MV60 10k Championship

**Larry Corkery**  
MV70 5k Championship  
MV70 10k Championship

**Martin Leach**  
MV60 5k Championship  
MV60 5m Championship  
MV60 10k Championship  
MV60 Half Marathon Championship

**Alfredo Maio**  
MV35 10k Championship

**Jim Hendry**  
MV75 5k Championship  
MV75 10k Championship

**Marcus Cookham**  
1st Marathon Championship  
1st 10m Championship  
1st Half Marathon Championship  
MV35 5k Championship Male

**Jerry Pullinger**  
2nd Half Marathon Championship  
3rd 10m Championship  
3rd Marathon Championship

**David Hutchings**  
MV45 10m Championship

**Dan Hayes**  
MV35 10m Championship

**Julian Winn**  
MV40 10m Championship

**Gary Chester**  
MV50 10m Championship  
MV50 Half Marathon Championship

**Richard Whiteman**  
MV60 10m Championship  
MV60 Marathon Championship

**Steve Williamson**  
MV55 5m Championship  
MV55 10m Championship  
MV55 Half Marathon Championship

**Bill Billington**  
MV70 10m Championship

**Alastair Fadden**  
1st 5k Championship  
MV45 Marathon Championship

**Jose Ariza**  
MV40 5k Championship

**Neil Lovesey**  
MV55 5k Championship  
MV55 Cross Country Championship

**Norman Beckworth**  
MV65 5k Championship  
MV65 Cross Country Championship

**David Fake**  
MV60 5k Championship

**Tony Barnes**  
MV40 Half Marathon Championship

**Darren Miller**  
MV40 Half Marathon Championship

**Chris Cottam**  
MV60 Half Marathon Championship

**David Sharman**  
2nd 5m Championship

**David Roberts**  
MV40 5m Championship

**James Elsworth**  
2nd Cross Country Championship

**Graham Short**  
MV50 Cross Country Championship

**Carl Furness**  
MV40 Cross Country Championship

**Mark Taggart**  
MV35 Cross Country Championship

**Bill Khinda**  
MV60 Cross Country Championship

**Roger Sewell**  
MV70 Cross Country Championship

**Mark Tinkler**  
MV50 Marathon Championship

**Andrew Moore**  
MV35 Marathon Championship

**Robin Fiander**  
MV55 Marathon Championship