

Special Awards For Notable Achievements

5th Ladies Team

SEAA Cross-Country Championships

Parliament Hill

Anna Folland

Gill Fullen

Sally Cartwright

Kirstie Meeten

Anna Folland

New Club Best Times for Age Group

At All Distances

Kirstie Meeten

New Club Best Times for Age Group

At All Distances

Matt Burgin

Lavaredo Ultra Trail, 119Km 24.20.17hrs

La Diagonale des Fous, 172k, 53.59.20hrs

Outstanding Performance Awards

Angela Kay

1st LV55 Challenge Vitoria-Gasteiz

Gill Fullen

1st LV50 Ironman Bolton

1st Lady, 1st LV50, Horst Sprint Duathlon

1st LV50 at 5 miles, Run Britain Rankings

Triathlon Awards

Sprint Distance

Kevin Willettt 1st Man

Karen Robertson 1st Lady

Standard Distance

Geoff Cooper 1st Man

Nora Haggart 1st Lady

Middle Distance

Paul Stuart 1st Man

Lorena Henderson 1st Lady

Most Improved Triathlete

Paul Stuart

Greatest Contributor to Triathlon

Alison Cooper

Triathlete of the Year

Bev Haye

Club Best Times

2014

Kirstie Meeten	FV35
Doug Anderson 5k, July	18.40mins
Hatfield 5m, November	31.18mins
Standalone 10k, October	38.29mins
Sandy 10m, March	63.10mins
Reading Half Marathon, March	1.24.32hrs
Bedford Harriers Half, Dec 2013	1.27.28hrs
London Marathon, April	3.00.19hrs

Anna Folland	FV40
Doug Anderson 5k, July	18.15mins
Blisworth 5m, May	30.14mins
Wolverton 5m, November	29.56mins
Silverstone 10k, May	38.16mins
Shakespeare 10k, November	37.52mins
Nene Valley 10m, December	63.07mins,
Reading Half Marathon, March	1.22.58hrs
Bedford Harriers Half, Dec 2013,	1.24.58hrs
Brighton marathon, April	2.58.hrs

Kevin Willett	MV50
Doug Anderson 5k, July	17.12mins
Blisworth 5m, May	28.37mins
Silverstone 10k, May	36.18mins
Sandy 10m, March	59.35mins

Kevin Shelton-Smith	MV50
Philadelphia Marathon, November	2.52.12hrs

Gill Fullen	FV50
Wolverton 5m, November	29.38mins

Nora Haggart	FV55
Doug Anderson 5k, July	21.44mins
Hatfield 5k, October	21.10mins

Jackie Popland	FV60
Standalone 10k, October	53.52mins
Berlin Marathon, September	4.23.17hrs

Jacky Keenan	FV65
Doug Anderson 5k, July	26.26mins
Blisworth 5m, May	42.57mins
Bedford 10k, September	53.59mins
Standalone 10k, October	53.52mins

Martin Leach	MV70
Doug Anderson 5k, July,	23.27mins
London Marathon, April	4.13.46hrs

Larry Corkery	MV75
Hatfield 5k, October	29.38mins
Blisworth 5m, May	50.39mins
Banbury 5m, June	48.51mins
Milton Keynes 10k, July	1.02.13hrs
Bedford 10k, September,	1.01.19hrs
Standalone 10k, October	1.01.02hrs

Standard Awards

2014

CLUB AWARDS

Amber Deardon

Anne Adamson

Chas Fisk

Claire Adamson

David Elliot

Deborah Palmer

James Robinson

Jim Shaw

Jodi Henderson

Kevin Kaighin

Kevin Shelton Smith

Lindsay Pearce

Matt Bowmer

Noelle Wolvaardt

Patrick Harnan

Rachel Cameron

Russell Cartwright

Sarah Parker

Stephanie Lill

Stuart Hensman

Sue Pyecroft

TIN AWARDS

Caroline Clark

Deborah Roberts (Allen)

Jenny King

Keith Lakin

Lindsay Carter

Most Improved Runners

Steve Horton

Kirstie Meeten

BRONZE AWARDS

Anne Hirst

Cheryl Boshier

Estelle Smith

Stuart Snelson

Tom Beach

Vittorio Paci

Zoe Willett

SILVER AWARDS

Dean Newman

Jackie Popland

Paul Griffiths

Robert Wallis

Sally Gurney

Stuart Knight

Harriers who have run a marathon distance race this year

Laurence	Abbott
Deborah	Allen
Renee	Allen
Richard	Baldock
Iva	Barr
Paolo	Basso
Rebecca	Baxter
Nicholas	Beardow
Lynsday	Carter
Jack	Chana
Dawn	Childs
Lee	Clarke
Larissa	Clarke
Tony	Cormano
David	Course
Andrew	Crawford
Tina	Delaney
Caroline	Diggie
David	Elliott
Trudie	Finch
Joanne	Finch
Gary	Finch
Mark	Finn
Fiona	Fisher
Anna	Folland
Paul	Furness
Ian	Hammett
John	Harbour
Patrick	Harnan
Jamie	Hawthorn
Stuart	Hensman
Adam	Hills
Steve	Horton
Susan	Johnston
Sally	Johnston
Noel	Jones
Tony	Jones
Robert	Jones
Ian	Joyce
Jenny	King
Simon	King
Eva	Kovacs
Martin	Leach
Joya	Limb
Neil	Loader
Hazel	Lodge
Jenny	Lovesey
Amanda	Mayes
Caroline	Medley
Kirstie	Meeten
Dean	Newman
Peter	Pack
Susan	Pack
Andy	Palombella

Tony	Parello
Lynsday	Pearce
Jackie	Popland
David	Prior
Jerry	Pullinger
Jeanette	Rinaldi
Alex	Rothwell
Rohit	Sehdev
Andy	Sewell
David	Sharman
Veronica	Singleton-Lawley
Angela	Sloan
Estelle	Smith
Juliet	Smiths
Ian	Sturdgess
Mark	Taggart
Mark	Tinkler
Carrie	Traill
Stuart	Trevallion
Sarah	Wanden
Linda	Watson
Richard	Wild
Marianne	Williamson
Mark	Wood
Renette	Woolvardt
Dirk	Woolvardt

Harriers who have run an ultra distance

Caroline	Diggie
Dean	Newman
Dirk	Woolvardt
Ian	Sturdgess
Mark	Taggart
Matt	Burgin
Nicholas	Beardow
Noel	Jones
Renette	Woolvardt
Richard	Beard
Richard	Baldock
Sarah	Wanden

Ironman distance triathletes

Angela	Kay
Bev	Hayes
Eva	Kovacs
Gary	Finch
Gill	Fullen
Ian	Joyce
Juliet	Smith
Laurence	Abbott
Nicholas	Beardow