



Bedford Harriers Membership Benefits

The following benefits are available to Harriers members that are also in possession of a valid Annual Stadium User Pass, (commonly known as a track ticket.)

As a member of Bedford Harriers who wishes to attend training and use the facilities you will need to purchase an annual stadium user pass. At £65.54* per year this represents very good value for those able to use the stadium at every available opportunity and is still comparatively good value for those only able to attend once a week. As an annual stadium user pass holder you have access to the following –

- ❖ Group training session, (Mondays, Wednesday & weekends)
- ❖ Coaching with a qualified coach
- ❖ Free entry to all races in the Three Counties Cross Country League
- ❖ Changing rooms, showers and toilets
- ❖ Large parking area
- ❖ Lockers
- ❖ Indoor warm up area
- ❖ Outdoor warm up area
- ❖ Cabinets and notice boards to keep members up to date.
- ❖ Area for use of circuit training or other indoor training (on request)
- ❖ Running track (as and when booked by Bedford Harriers)
- ❖ Indoor cool down area
- ❖ Outdoor cool down area
- ❖ Bar serving food
- ❖ Subsidy for gym use
- ❖ 7 day a week stadium access
- ❖ Liability insurance whilst training with the club
- ❖ Free entry into the Club's London Marathon place draw**
- ❖ Subsidised coach travel to the London Marathon
- ❖ Free use of showering facilities after London Marathon
- ❖ Free entry into the Club's Volunteers' Draw**

- ❖ Subsidised running kit
- ❖ Free or subsidised social events
- ❖ Free circuit sessions
- ❖ Free track sessions
- ❖ Subsidised swimming sessions
- ❖ Frequently updated website
- ❖ Discounts at many sports retailers on production of Bedford Harriers membership card
- ❖ Free entry to some team events

As a club we also benefit from –

- ❖ Rooms in which to hold many meetings including;
 - Committee
 - Coaching
 - Planning
 - Race management
 - Social planning
 - Team management
 - Triathlon meetings
 - Sub committees
 - Social events
 - Presentation evenings
- ❖ Storage
 - Kit
 - Race equipment

Please be reminded that the location of the stadium and the routes that can be accessed easily from it make it an ideal location for the Club. Not to mention in the summer when we are able to enjoy the embankment, the parks and the marina.

We do hope that all Bedford Harriers members that attend training purchase an annual user card and continue to use the superb facilities. Please ask the stadium reception for an application form to fill in and mail with your membership cheque.

Bedford Harriers members without an Annual Stadium User pass may not benefit from some of stadium related facilities.

*Annual user card runs from 1st April to 31st March. Concessions are available at £32.77

** (Subject to qualifying procedures)

28th March 2013