

Male Championship Races

Tony Barnes Cross-Country (Wootton)	1st MV50	Ian Soaft Doug Anderson 5k	1st MV60
Nicholas Beardow Marathon (Chester)	1st MV50	Mark Tinkler Marathon (Amsterdam)	1st MV55
Norman Beckwith Doug Anderson 5k	1st MV70	Stuart Trevallion Marathon (Amsterdam)	1st MV45
Cross-Country (Wootton)	1st MV70	Bob Wells Marathon (Rome)	1st MV65
Mourad Ben-Taieb Doug Anderson 5k	1st MV50	David Sharman Wolverton 5m	1st MV35
Wolverton 5m	1st MV50	Sandy 10m	1st MV35
Silverstone 10k	1st MV50	Great Eastern Half marathon	1st MV35
Justin Burrell Sandy 10m	1st MV40	Cross-Country (Wootton)	1st MV35
Jaswant Chana Marathon (London)	1st MV60	Martin Leach Doug Anderson 5k	1st MV65
David Course Marathon (Brighton)	1st MV35	Silverstone 10k	1st MV65
Gary Finch Silverstone 10k	1st MV40	Sandy 10m	1st MV65
Wolverton 5m	1st MV45	Great Eastern Half Marathon	1st MV65
Cross Country (Wootton)	1st MV45	Richard Piron Wolverton 5m	1st MV60
Keith Gray Great Eastern Half Marathon	1st MV45	Sandy 10m	1st MV60
Jamie Hawthorn Cross-Country (Wootton)	1st MV40	Great Eastern Half Marathon	1st MV60
Jim Hendry Doug Anderson 5k	1st MV75	Cross-Country (Wootton)	1st MV60
Adam Hills Doug Anderson 5k	1st MV35	Paolo Basso Doug Anderson 5k	1st MV40
Stuart Knight Silverstone 10k	1st MV45	Silverstone 10k	3rd Male
Russell Lambert Silverstone 10k	1st MV60	Great Eastern Half Marathon	3rd Male
Gordon Lland Doug Anderson 5k	1st MV55	Andy Palombella Doug Anderson 5k	3rd Male
Sandy 10m	1st MV55	Wolverton 5m	3rd Male
Neil Lovesey Silverstone 10k	1st MV55	Paul Furness Doug Anderson 5k	1st MV45
Cross-Country (Wootton)	1st MV55	Wolverton 5m	2nd Male
Dean Newman Wolverton 5m	1st MV40	Great Eastern Half Marathon	2nd Male
Alfredo Notaro Silverstone 10k	1st MV35	Cross-country (Wootton)	3rd Male
Tony Parello Great Eastern Half Marathon	1st MV50	Richard Baldock Silverstone 10k	2nd Male
David Roberts Sandy 10m	1st MV45	Great Eastern Half Marathon	1st MV40
		Marathon (Florence)	1st MV40
		Steve Horton Doug Anderson 5k	2nd Male
		Sandy 10m	3rd Male
		Marathon (Brighton)	2nd Male
		Adam Mills Sandy 10m	1st Male
		Cross-Country (Wootton)	1st Male

Ian Hammett Doug Anderson 5k	1st Male
Wolverton 5m	1st Male
Sandy 10m	2nd Male
Great Eastern Half Marathon	1st Male
Marathon (Milton Keynes)	1st Male
Cross-Country (Wootton)	2nd Male
Jerry Pullinger Wolverton 5m	1st MV55
Silverstone 10k	1st Male
Sandy 10m	1st MV50
Great Eastern Half Marathon	1st MV55
Marathon (Abingdon)	3rd Male

Ladies Championship Races

Iva Barr Marathon (London)	1st LV85
Rebecca Baxter Sandy 10m	1st LV50
Marathon (Amsterdam)	1st LV45
Lindsay Carter Great Eastern Half Marathon	1st LV35
Sally Cartwright Cross-country (Wootton)	1st LV45
Larissa Clarke Doug Anderson 5k	1st LV35
Gill Clayson Doug Anderson 5k	1st LV55
Caroline Devine Wolverton 5m	1st LV50
Great Eastern Half Marathon	1st LV50
Caroline Diggle Silverstone 10k	1st LV40
Amanda Done Marathon (French Riviera)	1st LV40
Carla Fisher Cross-Country (Wootton)	1st LV35
Lynne Greenard Cross-Country (Wootton)	1st LV65
Sally Gurney Silverstone 10k	1st LV35
Sylvia Jones Silverstone 10k	1st LV50
Jackie Keenan Doug Anderson 5k	1st LV60
Wolverton 5m	1st LV60

Jenny Lovesey Marathon (Chicago)	1st LV50	Kathy Horsman Doug Anderson 5k	2nd Lady
Cross-country (Wootton)	1st LV50	Silverstone 10k	2nd Lady
Elaine McCulloch Silverstone 10k	1st LV60	Sandy 10m	3rd Lady
Sandy 10m	1st LV60	Carla Jenkins Marathon (Blackpool)	2nd Lady
Great Eastern Half Marathon	1st LV60	Kirstie Meeten Wolverton 5m	3rd Lady
Jackie Popland Marathon (French Riviera)	1st LV55	Silverstone 10k	1st Lady
Judy Prior Marathon (London)	1st LV65	Sandy 10m	2nd Lady
Estelle Smith Doug Anderson 5k	1st LV40	Great Eastern Half Marathon	3rd Lady
Juliet Smith Doug Anderson 5k	1st LV45	Marathon (London)	3rd Lady
Sarah Wanden Silverstone 10k	1st LV45	Cross-country (Wootton)	3rd Lady
Diane Wallis Doug Anderson 5k	1st LV50	Anna Folland Wolverton 5m	2nd Lady
Sandy 10m	1st LV50	Marathon (London)	1st Lady
Linda Wilding Cross-Country (Wootton)	1st LV60	Cross-Country (Wootton)	2nd Lady
Marianne Williamson Sandy 10m	1st LV40	Gill Fullen Wolverton 5m	1st Lady
Dawn Childs Wolverton 5m	1st LV40	Doug Anderson 5k	1st Lady
Sandy 10m	1st LV35	Sandy 10mile	1st Lady
Great Eastern Half Marathon	1st LV40	Great Eastern Half Marathon	1st Lady
Marathon (Brighton)	1st LV35	Cross-country (Wootton)	1st Lady
Cross-Country (Wootton)	1st LV40		
Anne Barnicoat Doug Anderson 5k	1st LV65		
Silverstone 10k	1st LV65		
Sandy 10m	1st LV65		
Great Eastern Half Marathon	1st LV65		
Sally Johnston Doug Anderson 5k	3rd Lady		
Wolverton 5m	1st LV45		
Great Eastern Half Marathon	1st LV45		
Nora Haggart Silverstone 10k	3rd Lady		
Sandy 10m	1st LV55		
Great Eastern Half Marathon	1st LV55		
Cross-Country (Wootton)	1st LV55		
Renee Allen Wolverton 5m	1st LV35		
Great Eastern Half Marathon	2nd Lady		

Road Race Championship

Ladies		
1st place	536.8 points	Gill Fullen
2nd place	498 points	Kathy Horsman
3rd place	471 points	Anna Folland
Mens		
1st place	486.7 points	Jerry Pullinger
2nd place	477.8 points	Neil Lovesey
3rd place	462.9 points	Ian Hammett

Club Man of the Year 2013

Chris Capps

Club Lady of the Year 2013

Jacinta Horne

2013

2013

2013

Special Awards For Notable Achievements

Darren Cimelli Excellent coaching.

Israel Archuletta

Petzl South Downs Way 100m,
15th -16th June 2013, Sub 30 hours

Justin and Melissa Burrell

Scotland Coast to Coast,
14th September 2013, 10.11.53hrs
1st mixed team, 4th pair overall

Matt Burgin

The North Face Ultra-Trail Du Mont Blanc
30th August-1st September 2013: 43.39.20hrs

Outstanding Performance Awards

Julie Tapley

1st LV45 Ironman Bolton 12.29.05hrs.

Gill Fullen

England National Duathlon Champion
1st Lady Cambridge duathlon

Championships, Belfort, France
1st LV45 Long Distance Triathlon World

Standard Distance Duathlon World
Championships, Ottawa, Canada
1st LV45 and 1st lady overall

Powerman Zofingen,
Long Distance Duathlon World Championships
1st LV45 and first lady age-grouper

Triathlon Awards

Sprint distance,

Galeforce Tri Bedford - 6th October

Male winner Richard Piron
Ladies winner Karen Robertson

Standard distance

Big Cow Milton Keynes Tri - 28th July

Mens Nicholas Beardow

Ladies - No ladies competed

Middle distance race

Swashbuckler Triathlon, Dorset - 22nd June

Mens: Kevin Willett
Ladies: Bev Hayes

Club Best Times

Renee Allen LV35

Half Marathon, 1.28.35hrs, Great Eastern, October 2013

Anna Folland LV40

5m, 30:41mins, Wolverton, November 2013

10k, 39:29mins, Stanwick, April 2013

Gill Fullen Ladies Overall times:

5k, 17.42mins, Doug Anderson, July 2013

5m, 29.17mins, Wolverton, November 2013

10k, 37.22mins, Stanwick, April 2013

Half Marathon, 1.21.28hrs Great Eastern, October 2013

LV45: 10m, 61.06mins, Sandy 10, April 2013

Kathy Horsman LV50

5k, 20.19mins, Last Friday in the Month, April 2013

5m, 34.27mins, Blisworth, May 2013

10k, 42.25, Silverstone, May 2013

10m, 69.58mins, Sandy, April 2013

Half Marathon, 1.34.25hrs, Ross Peers, May 2013

Jerry Pullinger MV55

5k, 18.47mins, Hatfield, October 2013

Marathon, 3.01.57hrs, Abingdon, October 2013

Nora Haggart LV55

10k, 42.47mins, Silverstone, May 2013

10m, 71.42mins, Sandy, April 2013

Half Marathon, 1.36.14hrs, Great Eastern, October 2013

Anne Barnicoat LV65

5k, 28.25mins, Corby, April 2013

5m, 47.41mins, Swineshead, September 2013

10k, 57.14mins, Silverstone, May 2013

10m, 1.39.01hrs, Sandy, April 2013

Judy Prior LV65

Marathon, 5.48.53hrs, London, April 2013

Norman Beckwith MV70

5k, 23.37mins, Doug Anderson, July 2013

Iva Barr LV85

10k, 1.26.45hrs, Flitwick, April 2013

Half Marathon, 3.10.48hrs, Great North, September 2013

Marathon, 6.37.57hrs, London, April 2013

Most Improved Triathlete

Bev Hayes

Greatest contributor to triathlon

Alison Cooper

Triathlete of the Year

Gill Fullen

Most Improved Runners

Sarah Wanden

Paolo Basso

2013

Standard Awards

CLUB AWARDS

Laurence Abbott

Lisa Aspinall

Tom Beach

Cheryl Boshier

Pete Buckingham

Lindsay Carter

Darren Cimelli

Lee Clarke

Gill Clayton

Elizabeth Cox

Andrew Crawford

Sue Cross

Stuart Dare

Brian Day

Dea Ditchfield

Mark Finn

Sally Gurney

Clare Holmes

Marc Horner

Phillip Jamieson

Alex Keenan

Anne Marie King

Jenny King

Simon King

Stuart Knight

Eva Kovacs

Joya Limb

Hazel Lodge

Graham Mackie

Caroline Medley

Mark O'Leary

Stacey Owen

Russell Page

Ken Parsons

Jackie Popland

Deborah Roberts

Judith Robertson

Helen Sears

Rohit Sendev

Victoria Shaw

Angela Sloan

Sylvia Snowling

Clare Steel Jessop

Liz Upex

Michelle Watt

Danny Winn

Yvonne Young

TIN AWARDS

Adam Panter

Amanda Done

Carrie Traill

Israel Archuletta

Jeannette Rinaldi

COPPER AWARDS

John Haggerwood

Val Bird

BRONZE AWARDS

Dean Newman

Jacinta Horne

John Aspinall

Justin Burrell

Michael Munro

Nicholas Beardow

Richard Wild

Rob Wallis

Rupert Howton

SILVER AWARDS

Carl Furness

Dawn Childs

John Harbour

Richard Pooley

Robert Jones

Sarah Wanden

Steve Crane

Tony Cormano

GOLD AWARDS

Cathy Johnson

Diane Wallis

Gordon Lland

Kirstie Meeten

Richard Baldock

Steve Horton

PLATINUM AWARDS

Caroline Devine

Ian Hammett

Sally Johnston

DIAMOND AWARD

Kathy Horsman

CRYSTAL AWARD

Gill Fullen

Harriers who have run a marathon distance race this year

Israel Archuletta

John Aspinall

Baldock Richard

Ben Barker

Iva Barr

Paolo Basso

Rebecca Baxter

Richard Beard

Nicholas Beardow

Tom Brassington

Peter Buckingham

Jack Chana

Childs Dawn

Darren Cimelli

Caroline Clark

Larissa Clarke

Tony Cormano

David Course

Elizabeth Cox

Steve Crane

Amber Deardon

Caroline Devine

Diggle Caroline

Amanda Done

Gary Finch

Trudie Finch

Mark Finn

Anna Folland

Laurence Folley

Steve Horton

Richard Gallivan

Ian Hammett

John Harbour

Robert Jones

Gareth Hardman

Mark Horner

Rupert Howton

Carla Jenkins

Sally Johnson

Noel Jones

Tony Jones

Ian Joyce

Hazel Lodge

Jenny Lovesey

Neil Lovesey

Kirstie Meeten

Dean Newman

Adam Panter

Emma Parke

Richard Piron

Jackie Popland

David Prior

Judy Prior

Clive Prior

Jerry Pullinger

Alan Rickhuss

Deborah Roberts

Andy Sewell

David Sharman

Ronnie Singleton-Lawley

Juliet Smith

Ian Sturgess

Mark Tinkler

Beverley Tredget

Stuart Trevallion

Sarah Wanden

Bob Wells

Marianne Williamson

Dirk Wolvaardt

Renette Wolvaardt

Rebecca Wood

Helen Woolley

Harriers who have run an ultra distance

Israel Archuletta

Matt Burgin

Steve Horton (first)

Mark Taggart

Sarah Wanden

Richard Baldock

Richard Beard

Darren Miller

Noel Jones

Ironman distance triathletes

Michael Mello

Dea Ditchfield

Eva Kovacs

Dirk Wolvaardt

Peter Buckingham

Angela Kay

Sean McGilligan

Cathy Johnson

Nora Haggart

Julie Tapley

Gary Finch

Alastair Fadden

Nicholas Beardow

Paul Stuart

Steve Daniels

Simon North

Tony Parello

Kevin Willett

Marcus Cookham